



Grass roots

• Del Weston says community gardens grow more than vegetables.

Photo by Jeremy Dixon

KICKING off a uni degree later in life has led to East Fremantle grandmother Del Weston getting a band of locals together in order to set up a community garden.

"Political Economy of Global Warming made me very aware of global warming and high consumption and unsustainable lifestyles ... it's very alarming," she told the *Herald*.

She says a community garden is "a grassroots political declaration" about the issue's importance, as well as a great way to bring people together and grow

vegetables and friendships.

"Even in affluent areas there is a problem of isolation and depression," Ms Weston says. "There are a lot of benefits if people can get together."

She wants the East Freo community garden to work along the lines of the Hilton Harvest group (which is going great guns) and Ms Weston is set to talk to the town council about a good site.

The group is getting together Sunday January 24 at 10am at 23a Irwin Street, East Fremantle. For more info email Del on dweston1@westnet.com.au.